



# Webinar on Depression, Anxiety and Suicide Prevention

**Wednesday, April 18, 2012  
2:30-4:00 PM EST**

**Speakers:**

Stephen Bartels, MD, MS  
*Dartmouth Medical School*

Nancy Wilson, LMSW  
*Baylor College of Medicine*

Cheryl Pryor, MA-G  
*Aging Resources of Central Iowa*

Mental health problems affect one in five older adults. Depression and anxiety have been linked with worse physical health, higher health care costs, and lower quality of life in older adults. However, mental health disorders are treatable. This webinar will describe the prevalence and impact of depression, anxiety, and suicide in older adults, and will identify screening strategies and evidence-based treatments. Actions that state and local agencies can use to implement effective treatments will be highlighted, with a specific focus on the strategy that one Area Agency on Aging has used to implement Healthy IDEAS and PEARLS.

**To register, [go here.](#)**

*To view in other time zones or languages,  
[adjust your time zone here.](#)*

Once the host approves your registration request,

## **This webinar series provides**

A special opportunity to learn about critical behavioral health conditions and problems affecting older adults, including prescription medication misuse and abuse, suicide, depression, and anxiety and evidence-based prevention and treatment programs to address these problems.

## **Who Should Attend**

The Aging Services Network, five SAMHSA/CHMS-funded Enhance Older Adult Behavioral Health Services TCE grant projects, and other programs implementing behavioral health programming for older adults—including staff, consultants, grantee organization leaders, and local partner organizations.

## **Purpose**

- To enhance the attendees' understanding of substance abuse and mental health issues affecting older adults.
- To gain knowledge about evidence-based programs (EBP) targeting older adults at risk for substance abuse and mental health problems and EBP implementation strategies.

you will receive a confirmation email with instructions for joining the meeting.

You will receive audio call in information when you log-on to the webinar.

This webinar will be recorded and made available for download. Additional Q&A and one-on-one consultations with the experts will be available to the SAMHSA/CMHS Targeted Capacity Expansion (TCE) grantees after the webinar.

## Future Webinar Topics

Webinars for the broader Aging Services Network (TCE grantees are invited to join these webinars):

- Prescription medication and alcohol misuse
- Sustainability and financing for behavioral health interventions
- Reaching and engaging older adults
- Family caregivers as partners and clients
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Webinars for the broader Aging Services Network (TCE grantees are invited to join these webinars):

- Partnerships for successful implementation
- Sustainability and financing

## Contact:

For more information, contact Katie Weider at JBS International, Inc. at [kweider@jbsinternational.com](mailto:kweider@jbsinternational.com) or 240-645-4543.

This webinar series has been developed by the  
Older Americans Behavioral Health Technical Assistance Center

